TRADITION STANDING TALL

HISTORY AND ARCHITECTURE of the Longhouse
MUARA TEBAS
A Coastal Village

SWEET HERITAGE
3 Local Snacks
HOMEMADE EDIBLE COLOURS
Topspot Foodcourt is the original open air dining seafood centre, conveniently located in the centre of Kuching city, only 5 minutes walk from all the major hotels. A favourite with locals and tourists alike, Topspot Foodcourt features 5 major halal seafood outlets and numerous beverage outlets. Enjoy a variety of freshly caught seafood as well as authentic local dishes such as umai and ayam pansoh while enjoying the view of Kuching city. Parking is plentiful with 600 bays available right below the foodcourt itself.

**TOPSPOT FOODCOURT, TAMAN KERETA, JALAN PADUNGAN**
**OPEN MON-SUN, 5PM-11PM**
Saluting our Unique Culture

2018 HAS, AND STILL IS, witnessing, even more of an eagerness and open appreciation from our readers over its contents. We hear repeated comments about discovering certain aspects of our traditions ‘when we read about it in KINO…’, or that ‘the articles are a source of reference’. Consistently too, we are told that the magazine is being collected and archived by readers. An enthusiasm so overwhelming and encouraging, albeit stressful for us sometimes, we head towards 2019 empowered by the trust given to us. Since 2013, we have been welcomed into homes, joined traditional rituals and festivities, told amazing stories and be it about their heritage, traditional or food knowledge, KINO has been able to document this unique culture which is our very own, to be proud of. Thank you for your confidence in us.

In this issue:
Tradition Standing Tall (pg. 16-21) The history and architecture of the longhouse, inside out.
Muara Tebas (pg. 22-25) Revisiting a Malay coastal village.
Sweet Heritage (pg. 26-29) Three sweetheart snacks and the making of the traditional ‘fragrant rice’.
Edible Colours (pg. 30-33) Making natural colours with local fruits and vegetables with simple instructions.

Stirring Up a Storm (pg. 15) Wildlife Conservation Society Malaysia Program (WCS) organised a 30-day survey in Kuching among 20 eateries to replace (not remove) plastic straws with paper ones. Dr. Melvin Gumal approached this survey, hardly as a ‘last straw’ effort, but more as a first attempt towards awareness. Not short of humour despite the tragic impact it has for our land, he cheekily says the survey was about “the straw, the stirrer and bonding with friends for a new year’s resolution”.

MARIAN CHIN
Editor-in-Chief

Did you know that 2019 is a VISIT SARAWAK YEAR?
Let’s be the best of hosts for our travellers coming from all over the world!
In this Issue

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ARTICLE PLUS VIDEO:
KINO VIDEO is the addition to certain articles, giving different dimensions of the story. www.kuchinginandout.com

KINO CALENDAR LISTING:
We would like to hear from you, should you have any free public events inside and outside of Kuching that can be added to our calendar upon selection.
info@kuchinginandout.com

KINO COVER PHOTO: EVANGELINE THIAM

KINO DIGITAL MAGAZINE
is Inside and OUTside of the printed magazine. Log onto www.kuchinginandout.com to read the latest copy online. Join us on the KINO facebook page – it is your platform to tell a story, share your thoughts, memories, talk about a recipe, see and post videos, and join us for competitions, events and more.

CONNECT WITH US FOR MORE!
Kino Magazine KINO mag App

SOME OF KINO MAGAZINE DROP OFF POINTS IN KUCHING:
TOURISM Sarawak Tourism Federation Office (Waterfront & UTC and the respective offices), BCCK, SCB and Sarawak Cultural Village, SHOPPING MALLS All info Desk Counters and Food Courts. THE SPRING BOULEVARD, VIVACITY MALL, PLAZA MERDEKA, TUM JUGAH Gallery 4th Fl. HILLS CITYONE. AEON MALL, GREEN HEIGHTS Cold Storage, Mady’s Organic, HairDo, HOTELS Margherita, Riverside, Hilton, Pullman, Waterfront, Imperial, The Merent, Merdeka Palace, LimeTree, Abell, Ranne, The Marian Boutique Lodging House, Telang Usan, Gladines, Basaga, Singgohsana, Grand Continental, Tunes, Lot 10, Bulak Boutique, Damai Resort, Damai Puri, Century Hotel, Permai Resort, Village House, Pine Garden, Memoire hotel. RESTAURANTS/ BARS/ CAFES Thali Punjabi, Meow Meow, The Container, Porkies, Lok Thian, Mandarin, Tom’s, RainTree at BCCK, Junk, Cha Bo, Living Room, Barber, Mandarin, Minos, M3 Classico, Zinc & Bar, D’vila, Basaga, The Old Courthouse (Commons), Le Pau, Magenta at the Square Tower, Canvery, King’s Curry, Madame Tang’s, Sidewalk, Mike’s SmokeHouse, Little Hainam, Life Cafes, Kin, Cafe Cafe, Coffee Clinic, Munch, Granny, Drunk Monkey, Black Bean Coffee, Indah Gallery, Peridot, Museum Cafe, Factory, Razmatazz, The Alley Cat, Kuehpedia, Juniper, Threesixteen, Feed And Furious, Grill Wine Cafe, Perdu, Wine & Liquor, all the Starbucks, Bing’s and Secret Recipe outlets and open Food Courts etc., GALLERY Galleries at Wesleyer, HOSPITALS Timberland, Kuching Specialist Healthcare, Borneo Medical Centre, Normal Medical Specialist Centre, Sarawak Heart Centre, Sarawak General Hospital, Dr Robert Koh Asia Clinic, Helen Ngu Women’s Clinic, Dr. Chan Clinic, Dr. Gary Kang Clinic, Dr. Francis Ha Clinic, 20db. KUCHING AIRPORT Arrival Tourism counter, Taxi counters, Old Town, Twinklepan, Starbucks and various other shops. TERMINAL Kuching Sentral Terminal MUSEUMS/Heritage areas: E.g. Sarawak Museum, Textile Museum, The Sarawak Club, all shops and restaurants of the Chinahouse - Courthouse vicinity. COLLEGES & UNIVERSITIES Unimas, FMTS, Segi, Nil, Sunway, CATS, UCS, Swinburne, Limkokwing, Eisekult, Ultm, Masterskill, College Televizi etc., STORES/SPAS/BEAUTY Emma Daniels, Noblo, Beauty Works, Medi Spa, and many other beauty centres. PETROL STATIONS & Petronas stations throughout Kuching ... and many, many other places continually added on.
Stirring up a Storm

THE SINGLE-USE PLASTIC STRAW has never been recognised as a major environmental concern among academia or conservationists until it appeared in August 2015, when a straw was removed from the nose of a sea turtle. The outpouring of concern for the turtle and the anger against the single-use straw raised global concern and the turtle became the anti-plastic poster child. As of November 4th 2018, over 33 million people have viewed the video (https://www.youtube.com/watch?v=4wH878t78bw).

Given the pain and suffering endured by the turtle and other marine life as well as birds, the Kuching public has been alerted through mainstream and social media to do away with single-use plastic straws. Earlier this year, the Wildlife Conservation Society Malaysia Program felt that a natural way to galvanise support for the removal of single-use plastic straws from our environment was to replace them with paper straws. Apart from this, ‘zero-straws behaviour’ was also encouraged, as customers then could just sip their drinks. Still another view proposed that Kuchingites should go retro with long-handled spoons – the original implements prior to single-use stirrers.

These approaches raised concerns as owners and managers of eateries feared customers would reject paper straws as these melt and that customers will boycott our eateries if we no longer provide single-use plastic straws’. Empirical evidence was needed to examine whether all customers were indeed so discriminating and reluctant to give up plastic straws.

Twenty eateries volunteered to be part of the paper-straw survey ranging from higher-end restaurants to local coffee shops around Kuching. A 30-day survey commenced on September 1st 2018. Waiters, waitresses and eatery managers were briefed on the protocol of the survey, i.e. paper straws were placed in all drinks and only replaced with a single-use plastic straw when the customer demanded for it.

By the end of September 2018, 17 eateries or 85% of the shops accepted the use of paper straws. From these eateries 22,592 straws were collected. Of these, 10,562 patrons used paper straws throughout their time at the eateries. Meanwhile, 6,015 rejected paper straws and requested 6,015 plastic straws as replacements. Only three shops declined to finish the surveys due to constant rejection by their customers. The acceptance rate of paper straws was 64%. In other words, not everyone nor all shops will reject the use of paper straws.

The question is this: what is your choice? The next time you head out for a drink with your friends, be discerning and choose an eatery that serves you a paper straw or explains why there is no straw at all. If you want to have a drink at any shop, have a conversation with the server, waiter or waitress and indicate that you want your drink without a straw. Happily, this request may not be alien to them. And if you’re feeling cheeky, try the following cool line in a suave Bond-like manner....

“I like it shaken, not stirred and without a straw”.

Melvin Gumal received his PhD and MPhil from University of Cambridge and his Bachelor’s degree from University of Melbourne. For the last 30 years, he has been working in conservation. He is the recipient of the 2014 global Whitley Award for Conservation in Ape Habitats and is the head of Wildlife Conservation Society for Malaysia.

Melvin Gumal1,4, Mark Liao1,2, Alcila Abby3, Veni Tan1,2, Abdul Najib1, Marianne Chiam1, Joshua Pandong1, Celine Tiang4 and Christina Yin1.

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New Year’s Eve
DINNER Buffet
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RM 50 Child
6:00 PM - 10:00 PM

Book online at
www.bcck.org.my
or call 082-392 988 for reservations
16 MAY–31 JAN 2019

TREASURES FROM NUSANTARA

Museum Nusantara began in 19th century Netherlands as a training facility for Dutch civil servants. It would later become an ethnographic museum based on objects collected during the Dutch colonial period. Museum Nusantara sought to use these objects to give Dutch society an impression of the rich and varied cultures of the Nusantara region, also known as the Malay Archipelago, consisting of Indonesia, Malaysia, Singapore and Brunei. With the closing of the museum in 2013, the Museum Nusantara’s collection was in search of new guardians. With a successful cooperation between Museum Nusantara and the Sarawak Museum Department, we are delighted to announce the return of 412 of these objects back to Borneo and Greater Southeast Asia. The exhibition showcases 30 selected objects which are highlights from the collection. The Nusantara Treasures include basketry, stone, wood, brassware, beaded accessories, textiles and carvings. It will remain open until 31 January 2019 at the Textile Museum. The exhibition opens from 9am to 4.45pm from Monday to Friday, and from 10am to 4pm on weekends and public holidays.

HOW MUCH: Free
WHERE: KUCHING – Textile Museum
WHO: Sarawak Museum Department
CONTACT: www.museum.sarawak.gov.my

26 OCT–4 NOV

SAMARAHAN INTERNATIONAL FOOD FESTIVAL

You name it, we have it – from local delicacies, street food, to popular dishes from various ethnicities, races, traditions and cultures to international cuisines from neighbouring countries! You can also find famous local fruits, fresh vegetables, and other agricultural produce here, sourced solely from Kota Samarahan. Let us entertain you with an evening full of programmes while you indulge in the delicious food at this festival, to ensure you have a wonderful night to remember.

HOW MUCH: Free entry
WHERE: KOTA SAMARAHAN – Summer Mall
WHO: Summer Shopping Mall
CONTACT: 082-673448

2–4 NOV

SARAWAK REGATTA 2018

This year, there will be 14 categories of boat races involving 24 qualifying races and 12 finals. Sarawak Regatta is offering cash prizes of up to RM240,000 while the River King Trophy comes with a cash prize of RM10,000. This annual event is a showcase of boat racing with participation from various government agencies, private sectors and also participants from the neighbouring countries of Indonesia and Brunei. Teams from villages around Sarawak make it a grand affair and also a great occasion for families outside of Kuching to visit the city. The blue ribbon event is the coveted “Raja Sungai” (king of the river) title in the “bidar” category. Each longboat carries thirty paddlers and this category is always a closely fought affair and a major crowd puller, while the programme also includes the “Brooke Swim”, Raft Tug-of-War, and duck catching as well as various exhibitions and markets along the waterfront selling cultural crafts, wares and food. The Sarawak Regatta takes place along the Sarawak River. The 1.3 km Kuching Waterfront provides ample vantage points to watch the action on the water.

HOW MUCH: Free entry
WHERE: KUCHING – Kuching Waterfront
WHO: Resident Office Kuching
CONTACT: 082-507051/082-507055

3 NOV

SIMILAJAU NATURE CHALLENGE 2018

Sarawak International Similajau Nature Challenge was first held in 2015. Now renamed as Similajau Nature Challenge (SNC) 2018 or Pesta Similajau, it will be held on November 3 at Similajau Nature Park, Bintulu, situated about 30km from Bintulu town. The event would be divided into three categories, namely team, single (senior) and single (junior). The team category would involve two men or a man and a woman running 19.5km (from the park hq-main trail-Batu Anchau-Turtle beach 2-main trail-Park hq). The single (senior) category is open to men and women aged 31 and above, running 7.5km. The single (junior) category is open to those aged 16 years and below, for a distance of 7.5km. Side activities for the day include a sandcastle competition and a blowpipe competition and tug of war.

HOW MUCH: Team category: RM50 per team, Single category: RM20 per person
WHERE: BINTULU – Similajau National Park
WHO: Bintulu Resident’s Office
CONTACT: 019-8610998

4 NOV

DEAF AWARENESS CHARITY FOOD FAIR 2018

Come and browse, shop, sell, be entertained, eat, drink and join in the activities...all for charity! The Deaf Awareness Charity Food Fair is a great day out for the whole family, supporting a good cause. There will be delicious food and drinks at the stalls with dozens of non-profit organisations participating. This event is in support of the Sarawak Society for the Deaf and the deaf community.

HOW MUCH: Free entry
WHERE: KUCHING – Christian Ecumenical Centre, Jalan Stampin
WHO: Sarawak Society for the Deaf
CONTACT: Sr. Martina or Mr. Ting (deaf) 012-8118260

9–10 NOV

KUCHING YOUTH DAY OUT (KYDO) 2018

A combination of indoor and outdoor events to be held September 9–10, the first day of KYDO will see registered participants taking part in a day of thought-provoking forums in the Ngopi Ngelend rambau session organised by AZAM Young Souls together with Champions and HAUS KCH. The second day will be open to the public and feature a variety of activities such as musical and dance performances, arts and crafts bazaar, and hobbyist activities like skateboarding along the Kuching Waterfront and the Godown Amphitheatre.

HOW MUCH: Free admission
WHERE: KUCHING – Waterfront Hotel, Kuching Waterfront and Godown Amphitheatre
WHO: AZAM Sarawak
CONTACT: 082-411799

9–11 NOV

SIOL INTERNATIONAL MOUNTAIN BIKE CHALLENGE 2018

This year’s Siol International Mountain Bike Challenge (SIMBC) is sure to be a harrowing competition, with the contestants standing a chance to bring home a total of RM78,000, the largest winning prize in the Asia Mountain Bike Series (AMS). SIMBC is the seventh of the nine legs of the AMS series, which is being held across several Asian countries such as Japan, Philippines, Indonesia and Brunei. There will be 10 competitive categories with an additional challenge of the Team Relay (XCR) category where the competitors will be vying for the Mayor’s Trophy.

HOW MUCH: Contact organiser for more info
WHERE: KUCHING – Bukit Siol
WHO: Dewan Bandaraya Kuching Utara
CONTACT: 082-446688

10 NOV

KUCHING TRUNK SALE 7

Kuching’s biggest preloved market is back! Trunk Sale 7 will feature over 100 trunks selling preloved items that range from mens clothing, shoes, electronic devices,
antiques, and collectibles. On top of that, there will also be live music performances, yummy food vendors, manicure stations, free giveaways, and so much more!

**HOW MUCH:** Free entry

**WHERE:** KUCHING – Emart Batu Kawa

**WHO:** The Champions

**CONTACT:** 016-8462688

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**11 NOV**

**Furity Run 2018**

Save Our Strays Association Kuching is a registered non-profit animal welfare group, that provides assistance to stray animals in need of medical attention. The association also aims to reduce Kuching’s stray population with the most humane approach via Trap, Neuter, Vaccinate, Release/Rehome. As of April 2018, we have rescued approximately 4,500 animals. This run will fundraise for animal rescue, with 100% of the proceeds going to the association. 3km and 7km option, both include shirt and medal.

**HOW MUCH:** RM50

**WHERE:** KUCHING – MBKS

**WHO:** Save Our Strays Association Kuching

**CONTACT:** https://www.facebook.com/s.o.skuching/

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**11 NOV**

**Fever in Children : When Is It A Cause For Concern?**

Fever remains the most common concern prompting parents to present their child to the emergency department. Fever itself is not life-threatening unless it is extremely and persistently high. Risk factors for worrisome fevers include age under 2 years (infants and toddlers) or recurrent fevers lasting more than one week. Fever may indicate the presence of a serious illness, but usually a fever is caused by a common infection, most of which are not serious. The part of the brain called the hypothalamus controls body temperature. The hypothalamus increases the body’s temperature as a way to fight the infection. However, many conditions other than infections may cause a fever.

Join us to find out the answers to these questions:

- How can I tell if my child has a fever?
- How can I tell if my child’s fever is serious? When should I call the doctor if my child has a fever?
- Is it better to try to break a fever or let the fever fight the infection? Which medicines are safe to treat my child’s fever?
- What should I do if my child has a seizure from a high fever? Why does my child’s fever keep coming back?

**HOW MUCH:** Free admission, register to number below

**WHERE:** KUCHING – Auditorium, Borneo Medical Centre

**WHO:** Borneo Medical Centre

**CONTACT:** 016-8898310

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**12-16 NOV**

**Wildlife Conservation Swinburne Sarawak English Microfiction Challenge**

The Wildlife Conservation Swinburne Sarawak English Microfiction Challenge is a short story writing competition organised by the Wildlife Conservation Society and Swinburne University of Technology, Sarawak Campus. Students in three age categories are invited to take part in the 5-day competition that will run from 12-16 November 2018. The age groups are 13-15 years, 16-17 years, and 18-24 years. The overall first, second and third place winners for each category will be awarded cash prizes and certificates. Best of all, their stories will be published on http://wildlifemicrofiction.com. Open to all Malaysian students.

**HOW MUCH:** Free, register at website below

**WHERE:** MALAYSIA

**WHO:** Wildlife Conservation Society, Swinburne Sarawak

**CONTACT:** http://wildlifemicrofiction.com

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**14-16 NOV**

**8th ASEMUS General Conference**

The 8th General Conference of the Asia–Europe Museum Network (ASEMUS) titled “New Curatorial Perspectives for a Changed World”, will be hosted by the Sarawak Museum and held at the Waterfront Hotel in Kuching, Sarawak, Malaysia, between 14 and 16 November 2018. Over 3 days, participants from across Asia and Europe will be able to take part in workshops, masterclasses, panels and case study presentations. The last day will be dedicated to the discovery of the cultural and natural heritage of Sarawak and Borneo. The 8th ASEMUS General Conference will enable participants to discover the Sarawak Museum Campus, which aims to revive the international status of the Sarawak Museum and to build a new museum to showcase Sarawak’s rich cultural and historical heritage.

**HOW MUCH:** For ASEMUS members, students in museum studies and Malaysian residents working in museums, the conference fee is waived for all days with priority at registration.

**WHERE:** KUCHING – The Waterfront Hotel

**WHO:** Ministry of Tourism, Arts, Culture, Youth and Sports Sarawak and Sarawak Museum Department

**CONTACT:** http://asemus.museum/event/8th-asemus-gc-malaysia/
17 NOV

Befrienders Volunteer Training Workshop
The Befrienders Volunteers Training Workshop is a creative learning process where you will learn listening skills, giving you the knowledge and confidence to support callers in crisis. You will gain experience of the types of calls that you may receive through practice, exercises and group discussions. You will learn how to respond to callers using Befrienders principles and practices. In the process, you will gain greater self-awareness which may lead to the questioning of your own assumptions. This will help prepare you to listen in a more open and non-judgmental manner.

NOTE: It is compulsory to attend all 4 training days to be a hotline responder for Befrienders Kuching.

HOW MUCH: Free, sign up at bit.ly/volunteertraining3
WHERE: KUCHING – Befrienders Kuching Office
WHO: Befrienders Kuching Sarawak
CONTACT: admin@befrienderskch.org.my

18 NOV

YES Sarawak: Tourism & Digital Transformation
While there is a steady increase in demand for workers in Travel and Tourism, the youth are not equipped with the right set of skills to be part of this growing industry. In Malaysia alone, tourism contributes to 12% of total employment and according to statistics, 10 out of 100 youth are still unemployed. In 2017 alone, there were about 365,200 Malaysian youth under 30 actively looking for jobs. MIDF Research reported that the rising youth unemployment rate in our country is possibly due to “skill mismatch” while others cited “poor social standing”. Through this Youth Empowerment Summit on Tourism and Digital Transformation being organized by #AllIdeas, we hope to address this gap by providing the local community with useful information and inspiration in order for young people to be equipped with the relevant knowledge and skills that can help them create a sustainable future, not only for themselves but also for their local community.

WHERE: KUCHING – TEGAS Sarawak, ICOM Square
WHO: Alt Ideas Sdn Bhd, endorsed by Sarawak Tourism Board
CONTACT: https://kursus-perniagaan-online.com/

18 NOV

Children’s Day Blood Donation
The blood you donate gives someone else a chance at life. Miri Red Crescent and Ahli Lembaga Pelawat Hospital Miri is jointly organising the Children’s Day Blood Donation on Sunday 18th from 9.30am to 1pm. All donors with receive a Certificate of Appreciation. Please share this request for blood with your family and friends – your help is important.

HOW MUCH: Free
WHERE: MIRI – Boulevard Shopping Complex
WHO: Miri Red Crescent and Ahli Lembaga Pelawat Hospital Miri
CONTACT: https://www.facebook.com/events/1926873497407299/

18–20 NOV

Environmental Awareness Week 2018
Organised by the Council of the City of Kuching South (MBKS) the event will featuring booths, workshops and talks about gardening, recycling, composting and more.

HOW MUCH: Free
WHERE: KUCHING – MBKS
WHO: MBKS
CONTACT: Mr. Kho 016-5788181

23 NOV

Hands Off! A Sharing Session About Sexual Harassment
What counts as sexual harassment? What do we do if we encounter such situations?

And what can we do to help others going through it? Let’s all educate ourselves a little better, by listening.

HOW MUCH: Free
WHERE: KUCHING – Emirates Diner
WHO: Momentum KCH
CONTACT: https://facebook.com/momentumkch

23–24 NOV

Borneo Talent Awards 2018
A competition to identify the most talented performers from various disciplines. It is open to both Malaysians and foreigners of all ages. The talent competition will showcase singing, dancing, musical performances, acrobatics, pantomime and performing arts. The mysteries of Borneo and ethnic diversity in Sarawak has injected endless cultural life to be spread globally. There are numerous individuals with a wide range of talents and hidden potential behind the progress of cultural development. With the initiatives to explore and nurture our local talents, Borneo Talent Awards is going to reach its 8th edition in 2018. Borneo Talent Awards is an annual event that has been organised by Sibu Municipal Council in collaboration with local corporations.

HOW MUCH: Free entry
WHERE: SIBU – Sibu Civic Centre
WHO: Sibu Municipal Council
CONTACT: Cr Wong Hei Ping 084-333411

24 NOV

Miri Country Music Festival
Miri Country Music Festival is back for 2018! Taking place at Coco Cabana, the well-loved music festival will bring country music to the seaside city of Miri, featuring a lineup of country musicians to draw in country music lovers from all walks of life. A festival for both the young and the old; activities at the festival include a bazaar offering various stalls selling wide varieties of food, games and souvenir items. See you there Cowboys & Cowgirls. Yeeehaa!

HOW MUCH: RM50 for adults, free entry for children 12 years and below
WHERE: MIRI – Coco Cabana
WHO: Place Borneo Sdn. Bhd.
CONTACT: 082-55189

24 NOV

Run for the Wild 2018
One of Kuching’s greatest conservation awareness runs is back! The Run for the Wild is WCS Malaysia’s annual event which gathers fellow wildlife enthusiasts to show their support towards conservation and to raise awareness
among the public. Join us and lend your voice to the voiceless. Together, let’s stand for our wildlife.

**HOW MUCH:** RM55- RM75

**WHERE:** KUCHING – Swinburne University of Technology, Sarawak Campus

**WHO:** Sarawak Biodiversity Centre, WCS Malaysia, Swinburne University of Technology, Sarawak Campus

**CONTACT:** https://www.runforthewildmalaysia.com/

### 24 NOV

**Mixed Marriage: Women’s Rights**

Sarawak has a rich tradition of cross cultural marriage which, with increased mobility, has become more common. This forum will highlight areas needing attention to strengthen women’s rights when they engage or disengage from such unions be they with other Malaysians or foreigners. 2-5pm.

**HOW MUCH:** Free, registration required at https://kahwincampusjeajtera.peatix.com

**WHERE:** KUCHING – TEGAS Digital Innovation Hub

**WHO:** Sarawak Women for Women Society

**CONTACT:** 013-8044285

### 24 NOV

**Jelajah Misi Elektrik Borneo Round 4**

Fundraising concert for Lightup Borneo rural electrification initiatives brought to you by Thomas Philip and Estranged. Featuring Alena Murang and special appearance by Tikar Terbang. 10am-3pm.

**HOW MUCH:** RM50, Early bird: RM30

**WHERE:** KUCHING – Borneo744

**WHO:** Drum Asia Studio

**CONTACT:** https://www.facebook.com/events/70158543542927/

### 24 NOV

**CatSound:Estranged**

As we explore the impact of the Music Ecosystem in the urban city, CatSound.co is devoted to bring Music Cities Conventions to Borneo island, filled with remarkable world class music talents. This platform will connect the East Malaysian music talent and industry practitioners to local and regional resources. Explore sessions on curated topics that are insightful and relevant to the creation of the future music industry ecosystem in East Malaysia. In this edition of our fireside chats, we will unravel the secret that made Estranged a successful band. Speaker Rich Gimbang, originally of Penampang, Sabah, soared to stardom in Akademi Fantasia Season 4. A native Kadaan Dusun, Rich started his career as an audio engineer, a science fiction lover and now a rock star. The session will focus on understanding the role of a musician in a social enterprise movement, and understanding the integration of the music ecosystem in East Malaysia. Event organiser, musician managers, venue managers, venue managers, startups, students and anyone involved in the music community are welcome to attend.

**HOW MUCH:** Free, register at https://central.mymagic.my/bizzabo/register/210850

**WHERE:** KUCHING – Borneo744

**WHO:** Borneo744 and CatSound

**CONTACT:** https://www.facebook.com/events/70158543542927/

### 24-25 NOV

**Small Town Artmarket**

Hello STM Fans! We are excited to announce that the Small Town Art Market will be celebrating our 10th Edition of the Small Town Art Market this November! For the first time ever, it will be a two-day event, happening 24th and 25th of November 2018, Saturday and Sunday at The Granary Kitchen + Bar between 3-9pm! The Small Town Art Market (STAM) is a design market that features the work of independent artists, creative makers, music people and performers. Founded in 2016, STAM has grown into more of a festival than a market, with its great combination of design, art, good food, live music and fun community. To date, we have put together 10 art markets and 3 junior art markets and has gathered over 100 local talents from near and far attracting over 10 thousand visitors and shoppers!

**HOW MUCH:** Free admission

**WHERE:** KUCHING – Granary Kitchen + Bar

**WHO:** Flint & Steel Borneo

**CONTACT:** https://facebook.com/smalltownartmarket/

### 24 NOV DEC

**Sarawak Borneo Cross Country Motorcycle Rally 2018**

This 12-day and 11-night motorcycle rally crosses borders between Malaysia, Brunei and Indonesia, with participants riding across Kota Kinabalu in Sabah, through Bandar Seri Begawan in Brunei, Miri, Bintulu, Sibu and Kuching in Sarawak, Pontianak and Singkawang in Indonesia and ending in Kuching. With a base limit of 250 CC engines and above, of mixed brands, the motorcycle rally is estimated to bring together some 200 foreign and local big bikers this year. The rally is an opportunity for motorcycle enthusiasts from other countries to see what Borneo has to offer, while also providing a platform for local and international bikers to share in this experience together and celebrate their appreciation for big bikes.

**HOW MUCH:** 30 early bird packages at RM5,999 nett on offer to interested big bikers on a first come first served basis, normal package RM4,777.

**WHERE:** Various locations across Malaysia, Brunei and Indonesia

**WHO:** Unides Events, sponsored by Ministry of Tourism, Arts, Culture, Youth & Sports Sarawak

**CONTACT:** https://www.facebook.com/unidesevents/

### 25 NOV

**Kamek Kitak Human Library**

The Kamek Kitak Human Library is back for our 3rd year at the Old Courthouse - Nov 25, 10am - 4pm. Admission is free. We are pleased to announce the return of our bestselling Books as well as brand new titles such as “HIV”, “Life as an Autistic Adult, and The Cosplayer.” Modelled after the Human Library Organization, in this special local Library, the Books are alive - each Book represents a prejudice, a stereotype, a misunderstood lifestyle, appearance, or life circumstance. Come face your prejudices, and have an open conversation with each of our “books”, listen to their stories and challenge stubborn stereotypes. Each conversation is not a storytelling session, but rather an interactive Q&A. The outcome and direction of the session depends on the Reader and the Book. Real people. Real conversation. We are more than our Labels. Kamek Kitak is a non-profit platform committed to building community, one story at a time. We organise two regular events - Story Nights and the Human Library. To date, admission to our events are free, but if you enjoyed our events, keep us going by donating to our cause.

**HOW MUCH:** Free

**WHERE:** KUCHING – Old Courthouse

**WHO:** Kamek Kitak Stories

**CONTACT:** https://www.facebook.com/kuchinginandout.com/events/273262516658502/

### 25 NOV

**Finders Keepers**

Refresh your wardrobe with your favourite brands of pre-loved clothes and other interesting items at great prices! Save the date! Finders Keepers Pre-loved is a one day only event which features up to 45 stall holders who will be selling pre-loved fashion, accessories and much more. It is all about “out with the old and in with the new” (nearly); with exciting and fun activities that you can enjoy with your family and friends. Check out Finders Keepers on the 25th November 2018, 10am -5pm happening here at the Old Court House!
25 NOV

SSPCA Christmas Charity Bazaar 2018
The Sarawak Society for the Prevention of Cruelty to Animals (SSPCA) is hosting its annual Christmas Charity Bazaar this November 25th. Stay tuned for more updates on our Facebook page – https://www.facebook.com/SarawakSPCA. Mark your calendar and join us! The bazaar will feature a fun-filled day of stalls selling food, drinks, books, etc as well as games, children activities and music. It will be held at the main hall of the Christian Ecumenical Worship Centre (CEWC), Stampin from 10am to 2pm. Coupons are on sale now, so do contact us to buy!

How Much: Free admission
Where: KUCHING – Christian Ecumenical Centre, Jalan Stampin
Who: SSPCA (Sarawak Society for Prevention of Cruelty to Animals)
Contact: https://www.facebook.com/SarawakSPCA

25 NOV

Dyslexia Charity Food & Fun Fair 2018
Dyslexia is a learning disability which causes difficulty in reading and writing in children as well as adults despite average/above average intelligence and adequate opportunities for learning. The core deficit of dyslexia is phonological processing (blending and segmenting) of letter sounds. We are appealing for both operators and sponsors for this charity fair. Do come along and support us – all proceeds go to Dyslexia Association of Sarawak’s new building fund. 7am-4pm.

How Much: Free admission
Where: KUCHING – Christian Ecumenical Centre, Jalan Stampin
Who: Dyslexia Association of Sarawak
Contact: Joyce 019-8596831

29 NOV-2 DEC

Miri City Beach Youth Festival 3.0
The Miri City Beach Youth Festival is estimated to attract around 12,000 festival goers to join in the fun organised at Esplanade Luak. Among the activities planned are sailing, e-sports, pump boat, tug of war, volleyball, beach soccer, netball, busking, beauty pageant, handicraft exhibition, beach cleaning and much more.

How Much: Free admission
Where: MIRI – Esplanade Luak
Who: Persatuan Belia Miri
Contact: 012-8854687

1 DEC

GNF Farmers Market & Jumble Sale
Lots of surprises and activities bustling at this farmers market - plants, herbs, fish, kampung chicken, vegetables, honey, baked goods, handicrafts, haircuts and a big jumble sale indoors. Seasonal, fresh and locally made – these are the hallmark of what we have for you at the GNF Farmers Market! All proceeds go to benefit Rural Sarawak (RuSa) kindergartens. 8am-12pm.

How Much: Free admission
Where: SAR IKEI – Dewan Suarah Sarikei
Who: Sarikei Archery Association
Contact: En. Asas AK Ranjayan 016-8771502

2 DEC

Lions Nursing Home Annual Food Fair
The Lions Nursing Home is a non-profit making home and needs financial assistance from the general public. Your generosity in supporting the food fair will help us to provide all residents with a progressive health care environment managed by a team of compassionate and committed nursing staff.

How Much: Free admission
Where: KUCHING – Lions Nursing Home, Jalan Stutong Baru off BDC
Who: Lions Nursing Home
Contact: 082-461493

2 DEC

7th Miri International Dance Championship
Broadway Dance Studio presents the 7th Miri International Dance Championships 2018 on the 2nd of December 2018 at Eastwood Valley Golf & Country Club, Miri Sarawak Malaysia. For more information please contact: https://www.facebook.com/Miridancechampionship/

How Much: International couple: USD75 (incl. 1 dinner ticket), each additional event USD20. Malaysian couple: RM520 (incl. 1 dinner ticket), each additional event RM50
Where: MIRI – Eastwood Valley Golf & Country Club
Who: Broadway Dance Studio
Contact: 085-421886

3-5 DEC

InHERIT 2018
The International Heritage and Cultural Conservation Conference (InHerit 2018) is organized by University College of Technology Sarawak (UCTS). InHerit 2018 will be held on the 3rd-5th December 2018 at the Waterfront Hotel, Kuching. InHerit 2018 offers a collaborative environment to academicians, researchers and practitioners to discuss an academic discourse in relation
to cultural heritage conservation and its contributions towards sustainability. The conference also provide a platform for the intellectuals from various fields and disciplines in those topics to share experiences and promote better practice in conserving the cultural heritage. The organizing committee of conference is pleased to invite prospective authors to submit their original manuscripts to InHerit 2018.

HOW MUCH: From RM550 upwards
WHERE: KUCHING – Waterfront Hotel
WHO: University College of Technology Sarawak (UCTS)
CONTACT: http://inherit2018.ucst.edu.my/ 082-367450

4-6 DEC
Program Sains Angkasa Cuti Sekolah ke-27 (27th Space Science School Holiday Programme)
Targeted at secondary students aged from 13-17 years old, this space science school holiday programme is themed “The Edge of the Solar System” and will involve students in group activities to learn about astronomy, in particular about the solar system.

WHERE: KUCHING – Planetarium Sultan Iskandar
WHO: Planetarium Sultan Iskandar
CONTACT: 082-251275

7-9 DEC
Sibu Big Bike Week 2018
The 8th Sibu Big Bike Week is more than just riding around town in big classy bikes as it has the potential to attract bikers from overseas. This annual program is organised by Razz Chopper Motor Club. This event is a gathering of enthusiasts who are into high-powered motorbikes, cars and automotive-related things, skateboards, BMX bicycles and also paintball.

HOW MUCH: Free admission
WHERE: SIBU – Sibu Town Square
WHO: Razz Chopper Motor Club
CONTACT: 019-8557711

7, 21 DEC
Vegetarian Lunch for the Community
The Miri Orthodox Buddhist Association is giving away 100 packets of vegetarian lunches to promote vegetarianism and health. All are welcome regardless of race or religion. The lunch packets will be given on a first come, first served basis, limited to 2 packets per person. Do bring your own green bags as we will not provide plastic bags or utensils.

HOW MUCH: Free
WHERE: MIRI – Lot 2298-2299, Bulatan Commercial Center, Plasau
WHO: Miri Orthodox Buddhist Association
CONTACT: 085-661286

8 DEC
Miri City Christmas Parade 2018
A combined effort of all churches in Miri and Miri City Council to celebrate this jovial festive occasion with the aim of promoting it as one of the signature events in Miri. The Parade in Year 2018 will be the 11th in the series of successful and crowd-puller events.

HOW MUCH: Free admission
WHERE: MIRI
WHO: Miri City Council in collaboration with Miri churches
CONTACT: 085-424111/424984

10 DEC
MRC (Malaysian Red Crescent) State Level Youth Empowerment Camp 2018
Jointly organised by SMK Sacred Heart Red Crescent Youth Unit, MRC Sibu District and MRC Sarawak State, the Youth Empowerment Camp is opened to all youth members.

HOW MUCH: Free
WHERE: SIBU – SMK Sacred Heart
WHO: SMK Sacred Heart Red Crescent Youth Unit, MRC Sibu District and MRC Sarawak State
CONTACT: Respective MRC District Offices or see http://bit.ly/youthempowermentcamp2018

15-16 DEC
25th Malaysia National Tang Soo Do Championship 2018
Formation competition on the first day, free fighting competition on the second day.

HOW MUCH: Free admission
WHERE: KUCHING – SJK Chung Hua No 1
WHO: Tang Soo Do Moo Duk Kwan Kuching
CONTACT: https://web.facebook.com/tangsoodo.kuching/

13-15 DEC
AFSM Tripartite Conference 2018
AFSM Tripartite Conference 2018 consists of three tracks of scientific programs, which integrate science, innovation and minds for precision healthcare. The broad and in-depth exchange of ideas and innovation will deliver a unique and challenging experience to our delegates. Being the 5th Academic Conference for the Asian Society of Cryosurgery, it is also the first time that the esteemed Society holds the conference outside China with a pre-conference live cryosurgery and microwave ablation workshops. This conference aims to focus on the forefront of academic development, strengthen academic exchanges at home and abroad, popularise the clinical application of new, minimally invasive technologies and cryosurgery to lead the comprehensive development of it in Asia. It will bring together many leading experts in the field of oncology and update the latest reports on cryosurgery. The second track, the Inaugural Conference on Cancer Innovation will focus on the latest development in the field of stem cells and cellular therapy/immunotherapy for cancer patients. Moreover, the conference will also incorporate various forms of minimally invasive therapy for cancer treatment, including the latest development in Nano knife, radiofrequency ablation and photodynamic treatment. This will also cover the topics on the use of Radiomics incorporating genomics and proteomics as a diagnostic and prognostic tool in medicine. Further developments in phytochemical cancer research will also be updated by various universities. The third track, the Inaugural Conference on Humanity, Bioethics and Medical Outreach, is the first of its kind incorporating the mind with science in the field of medical humanity, including the medical outreach program in Malaysia and surrounding regions. This conference will be co-hosted by the UNESCO BIOETHICS Chair. We anticipate the participation of various Non-Governmental Organizations which are active in the provision of medical outreach programmes and social support. In supporting the event, there will be a TED Talk programme inviting various organisations to contribute to this mind sharing session.

HOW MUCH: RM550 upwards
WHERE: KUCHING – Borneo Convention Centre Kuching
WHO: Academy for Silent Mentor
CONTACT: 012-6898970 or http://www.afsm2018.com/

16 DEC
Kuching Seed Swap Potluck – A Dish from My Garden
Kuching Seed Swap is a free plant exchange group for Kuching-based gardeners of any experience. We organise seed swaps once every two months for the community to get together to share and exchange plants/seeds/cuttings/produce. To wrap up the year, we’re having a potluck during this seed swap - bring a dish made from something you grew in your garden to share, and together we will learn about edible gardening and new recipes for the plants and produce we grow. It doesn’t
**Sibu Year End Countdown 2019**
The Year End Countdown is one of the yearly events organised by Sibu Municipal Council to bring in the New Year. It celebrates the end of a successful year with entertainment featuring a blend of both oldies and modern performances by local talents, and ends with fireworks as the new year begins.

**WHO:** Sibu Municipal Council

**WHERE:** Sibu Town Square

**HOW MUCH:** Free admission

**31 DECEMBER JANUARY**

**23rd Asian Television Awards**
Launched in 1996, Asian Television Awards (ATA) is the Asian TV industry’s most significant and celebrated event, recognising excellence in programming, production and performance. While there are notable equivalents in the U.S and in Europe, ATA is the only event of its kind in Asia, making it the definitive platform to showcase and recognise quality television productions within Asia. Determined by an expert panel of over 60 judges from across the region, the results are tabulated and audited by international auditing firm PricewaterhouseCoopers, with the winners only announced during the Awards Ceremony. The Awards comprise over 40 categories and represent the industry’s foremost recognition by enjoying the support of every major industry player throughout the region.

**Ongoing**
**Free Rabies Vaccination for Dogs**
The Department of Veterinary Services Sarawak is organising free rabies vaccination for dogs in various locations all over Sarawak including Mukah, Balikian, Miri, Asajaya, Kuching, Bau, Lawas and more. The vaccination is for dogs above 3 months old, please bring along your IC and a muzzle for your dog. To find out the location, time and dates for upcoming vaccination programmes, please check https://www.facebook.com/SarawakDisasterInfo/. Vaccinate your dog, save lives, and end rabies.

**HOW MUCH:** Free, bring your IC and a dog muzzle

**WHERE:** Sarawak – various locations

**WHO:** Department of Veterinary Services Sarawak

**CONTACT:** https://www.facebook.com/SarawakDisasterInfo/

**Every Sunday**
**Free Community Kitchen**
Kuching Sikh Temple provides a free public lunch from 12-2pm every Sunday to all, irrespective of caste, religion and race.

**HOW MUCH:** Free

**WHERE:** KUCHING – Jalan Masjid, beside the Poliklink

**WHO:** Gurdwara Sahib Kuching

**CONTACT:** https://www.facebook.com/Gurdwara-Sahib-Kuching-169683883055071/

**Every Sunday**
**SSPCA Adoption Campaign**
SSPCA holds weekly adoption campaigns at shopping malls on the first three Sundays of each month. Do check out our Facebook page to find out where we will be each Sunday, volunteers are welcome.

**WHERE:** KUCHING – Kuching Malls

**WHO:** SSPCA

**CONTACT:** Brenda Png 019-886 3118

**Once a month**
**Takakura Home Composting Workshop**
Learn how to compost your kitchen waste at home with Takakura home composting, which can reduce the amount of household rubbish generated while producing a high quality fertiliser for your garden. Check www.mbks.sarawak.gov.my for the schedule of the workshop.

**HOW MUCH:** Free

**WHERE:** KUCHING – Stutong Community Market

**WHO:** MBKS

**CONTACT:** 084-333411

**Every 1st Saturday of the month**
**Sarawak Blood Donors Society organises a blood donation campaign on every first Saturday of the month – the venue of each campaign will be announced when times comes, do check our facebook page for the details.**

**HOW MUCH:** Free

**WHERE:** Sarawak Blood Donors Society

**CONTACT:** www.facebook.com/sarawakblooddonors

**Every 1st Sunday of the month**
**Urban Sketchers Kuching Sketch Crawl**
Urban Sketchers are a group based in Kuching who draw the city they live in. They gather at a Kuching venue every first Sunday of the month to draw on location, capturing what they see from direct observation. Sketchers of any skill level are welcome to join.

**HOW MUCH:** Free, bring your own drawing supplies

**WHERE:** Urbansketchers Kuching

**CONTACT:** www.facebook.com/groups/USkKuching/

**Every last Sunday of the month**
**Sarawak Society for the Deaf Hair Cut Day**
Come and support the Sarawak Society for the Deaf by having your hair cut here for very reasonable prices!

**TIME:** 9:00am – 12:00pm

**HOW MUCH:** Adults: RM5 for trim, RM10 for cut. Children: RM2 for trim, RM5 for cut.

**WHERE:** KUCHING – Sarawak Society for the Deaf

**WHO:** Sarawak Society for the Deaf

**CONTACT:** www.ssd.org.my
What are you doing about it?

Do you have a favourite old building?
A historic area? A monument that you treasure?
Any other items of significant heritage interest?

Please help us preserve the Sarawak you know and love.

Just snap a photo and tell us what and where it is.
Submit by 31st January 2019

"A nation's culture resides in the hearts and in the soul of its people"
MAHATMA GANDHI

or SMS us at +6018 988 2343
Sarawak Heritage Society SHS
sarawakheritagesociety@gmail.com

A HERITAGE QUEST
by Sarawak Heritage Society
Help Save Sarawak Heritage!

DO YOU REMEMBER THE WET MARKETS on Kuching’s Jalan Gambier? Or the old prison (ex-hospital) building? Or the old Treasury offices? What about the beautiful art deco building that was Rex cinema? Or the gothic-styled former St Joseph's Cathedral? Or Satok Suspension Bridge? Older Sarawakians most likely do but one suspects that a whole generation is growing up not knowing that these beautiful and historic structures ever existed. All these were part of our history and tangible cultural heritage. But now they exist only in memory.

With each passing year, economic development, modernisation and lifestyle changes have led to much of our tangible and intangible cultural heritage disappearing, or being neglected or simply forgotten. It is important for us to recognise this and to make urgent efforts to preserve some of our key cultural heritage assets... BEFORE IT IS TOO LATE!

Our Sarawakian cultural heritage defines us. It is part of who we are and where we come from. It generates a sense of belonging within a group and supports harmonious living. It also allows us to better understand past generations and the history of this fair land that we call home. Whether through an old building, a native monument or a multi-cultural art form, cultural heritage represents the SOUL OF SARAWAK and its diverse people. We need to treasure our heritage.

Visitors to Sarawak often say they come because they are fascinated by our unique culture and history. Indeed we do have a rich multi-racial culture and a colourful history. We have managed to maintain a few of our buildings in a sensitively conserved state to reflect the history and architecture of the times, such as the Old Courthouse and Darul Maziah. But if we allow the continuing ebbing away of what others we have, soon there will be little reason for visitors to come. And that will lead to a decline of our tourism industry.

SHS is launching HERITAGE QUEST, a campaign to identify our heritage assets. We are calling on YOU and all other Sarawakians and Sarawak residents to help identify ‘items of significant heritage interest’ - both tangible (e.g. buildings, monuments, sites, cultural landscapes, artefacts) and intangible (e.g. traditional culinary, arts, crafts and trades, songs and dances, customs and traditions) - which you think should be highlighted for protection or conservation. We encourage you to tell us of such items with brief notes on what they are, where they are and why they are significant. Also provide us with relevant photographs. This can be done via any of the following communication channels:

- Whatsapp or SMS to our dedicated SHS hotline: 018 988 2343
- Post on our Facebook page: Sarawak Heritage Society SHS
- Email us at sarawakheritagesociety@gmail.com
- Send us a letter or postcard

SHS will then aggregate the submissions, analyse them, where necessary provide further commentary on them, and publish a list for the attention of the government, private sector and the public. We will lobby for the necessary measures to be taken to protect or conserve our shared cultural heritage.

The Sarawak Heritage Society (SHS) is a grassroots civic organisation. It is non-partisan, non-governmental and non-profit.

The mission of SHS is to promote the conservation, permanent preservation and sustainable management of Sarawak’s unique cultural heritage assets, both tangible and intangible.

The vision of SHS is a Sarawak where all stakeholders value our rich and unique cultural heritage and contribute to its ongoing sustainable protection, conservation and management.

We hope you will participate in this project, and beyond that we hope you will join SHS as a member striving for this worthy cause - preserving our cultural heritage, promoting our Sarawakian identity.

“A country without a past has the emptiness of a barren continent... And a city without old buildings is like a man without memory.”

Graeme Shankland

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James S. L. Yong is currently Vice President of Sarawak Heritage Society and an independent consultant. In his former life, he was a senior executive with several global firms, working in industries from IT, oil & gas, telecommunications and management consulting. Nowadays he spends his time focused on history, heritage advocacy and genealogy. He enjoys writing and one of his more recent blogs is the public FB group “Kuching – Then and Now.”
TRADITION

STANDING TALL
History and Architecture of the Longhouse
Malaysia currently likes to build tall, sending the Twin Towers skywards to claim the spot of world’s tallest building from 1998 to 2004, and Kuching is catching the trend, constructing condominiums and giant office towers of ever increasing height across its urban landscape. But the original Borneo megastructure was, of course, the longhouse. Entire communities of hundreds of families could commonly live under a common roof, sharing space in a manner in complete contrast to their urban counterparts who might not even know their closest neighbours. At one time, any journey up any Sarawak river would have been punctuated with raucous nights of legendary longhouse hospitality as guests from town unloaded canned goods, salt, crackers and, with any luck, bottles of whisky up the terrifying longhouse log steps to be plied in return with tuak and the copious contents of multiple kitchens full of jungle produce.

The rumah panjang is the romanticized mark of rural Borneo life, common to multiple indigenous communities across Sarawak from the Baram right down to Lundu. The variety is endless. Built of belian, bamboo, nibong, apong and now increasingly bricks and mortar, stretching from a very short four doors to the rambling structure of Annah Rais, a tourist favourite thanks to its proximity to Kuching, this type of building has been the preferred choice of communities across Sarawak since time immemorial. And a choice they are. As world famous anthropologist Peter Metcalf remarks: “no simple feature of ecology or geography requires this peculiar mode of residence.”

(continued)
Of course, not all Borneo communities live in longhouses and not all longhouses are housed in Borneo, but commentators and academics have expended reams of writings on their existence here and the preference for them. Spencer St. John in 1851 describes ‘Longusin’, a complex of longhouses in the upper Baram housing up to 500 families, as ‘built on lofty poles on hills of various heights, yet appearing to be clustered together, while nearby were numerous little rice stores, neatly whitewashed. I never saw a prettier-looking place.’ Charles Hose, on a visit to a vast longhouse on the Tinjar river, was equally ‘struck by it.’ Housing up to 700 families, in Hose’s estimation, he described it as ‘a quarter of a mile long and supported on magnificent big wooden piles with strong plank floors. Massive piles of ironwood supported the roof at a height of some thirty feet from the ground, and the floor was supported by the same piles at a level seven or eight feet below the cross beams of the roof.’ These were indeed impressive megastructures.

Any variety notwithstanding, they share a common theme that marks out the longhouse from the ubiquitous, low-cost terrace house that populates the world – the use of communal space. St. John writes of ‘a broad covered verandah, as a public room and a sleeping place for the bachelors, while off it were separate apartments for the married people, the young girls and children.’ As architectural historian John Ting puts it: ‘Longhouses are generally sited parallel to rivers and streams. Generally speaking, longhouses are made up of a series of individual raised pile houses (or ‘apartments’) constructed together in a row. A covered gallery for the use of the whole longhouse runs parallel to the row of apartments, and is of the same total length. A gabled roof over the gallery and apartments runs along the whole building, and the attic space within is also used. In some cases (with Iban and Bidayuh longhouses) a wide, unroofed balcony runs beside the covered gallery. The ground level is not inhabited and left as storage and shelter for domestic animals, while the longhouse group inhabits the first floor level, as well as the attic in some cases.’

Together, it is this unusual configuration of space that reflects longhouse life, or perhaps longhouse life has been shaped by it. Using Iban terms, it is the ruai that makes the longhouse. Running the whole length alongside the tempuan (the open passageway that runs between the ruai and each bilek), this space belongs to all. It is a gathering spot for evening randau, community-wide conversations at the end of the day. It is for funerals and festivities. It is for the welcoming of guests and the provision of hospitality. Each family might enjoy its own place; the open air tanju is for individual farming purposes – the drying of pepper, the winnowing of padi, the mending of nets and occasionally for family rituals such as Ngangau ke Petara (roughly translating to ‘Calling the Heavens); and the covered bilek, also individual to each family, would be for sleeping and cooking.

But in reality, the lines between adjoining families are blurred. Mornings would see the tanju full of conversation as people passed on...
their way to the river, as if around the kampung watercooler, and bilek were incredibly porous as neighbouring family members would cut holes in walls for easy access from one kitchen to the next. Notoriously, the attic space would be a late-night passageway for intrepid young men to negotiate on their way to ‘ngayap’ or visit young ladies that had caught their fancy. Births would take place in the bilek but with the entire community in attendance, the expectant mother’s only claim to privacy being flimsy tikar bemban (woven mats) hung to hide her from eyes if not from every exclamation on her progress.

For many cultures across the world, this level of community involvement would be unthinkable but, as Metcalf puts it: ‘if you were to ask the longhouse residents, they would simply say there is no other civilized way to live.’ The longhouse created connection – for work, for play, for worship and even for warfare – that saw each community operating almost as a single, combined unit. It reflected their cosmology. John Ting, referencing Roxana Waterson, says: this placed humans within a greater universe that also contained the spiritual and animal worlds, and the longhouse was a microcosm of that cosmos. Humans occupied the middle level, the animals occupying the separate ground level, and the spirit world occupying the attic spaces. In other words, they saw themselves as being separate to nature and the spirit world, and with nature being able to be heavily influenced by the spirit world.’
across the landscape. But this would require an understanding of mali (bad omens) and later a mimpi (dream) to direct the community to pastures new. As the twentieth century drew in, the practice of pindah (migration) ground to a halt and communities became increasingly rooted to one spot. While longhouses remain in many communities, they are often surrounded on all sides by outlying houses and the longhouse expands no longer. New longhouses are being constructed in more permanent concrete and breezeblock and many families are retreating to their bilek as the connection to the TV or the Internet grows ever stronger. The love of the longhouse might remain, both for locals and visitors alike, but its life is being eclipsed by migration of a different kind as rural residents seek work in urban centres or even offshore. However, the lessons of the longhouse still permeate Sarawak culture – community, hospitality, tolerance and unity. Perhaps Sarawak as a whole is now the ultimate longhouse that might, this time, last forever.

Karen Shepherd fondly remembers river trips in the early eighties up the Baram and Skrang when the longhouses were full of life and, despite her own selfish need for privacy, firmly believes them to be the source of all that makes Sarawak special - community, connection, hospitality and tolerance. Long may they live!
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MUARA TEBAS

The "Village at the End of the Road"

Muara Tebas, aka 青山 (ché sua in Hokkien dialect) is frequented by seafood lovers for their mouth-watering “laksa crab”, “curry bamboo clams” and steamed prawns. However, with closer inspection you’ll soon uncover that the most astonishing treasure in the village isn’t the auspicious empurau fish in the restaurant tank, but rather the community of villagers that call Muara Tebas home.

I spent a scorching afternoon in the house of Seph Haini, as we chatted with his lovely animated grandmother, Dora Basri (86). Dora’s roots are embedded deeply in this village as it was her grandparents who founded Muara Tebas. Her grandfather, Mahammad, became the first Ketua Kampung “village leader” together with his wife, Baidah. Baidah was also the village’s makeup artist, providing “gelangs” (bangles) to adorn brides-to-be, as well as beautifying services and ritual bathing (believed to aid the prewedding skin glow).

Muara (meaning estuary) and Tebas (meaning to cut) has been given many affectionate and less affectionate names over the years. Some know it as “the sleepy village” or “Kampung hujung jalan” (the village at the end of the road). In the early days, the only form of access to the village was via the river and it would take about an hour by boat to get there through the Pending port.

“It’s a Malay fishing village with a hint of Chinese” as per Seph’s description of his home. With a population of 2000 and 320 households, Muara Tebas is only 20km from Kuching centre.

Seph’s grandmother Dora could recall the first Chinese occupant that moved to Muara Tebas shortly after her grandparents, “Alid”. The famous Muara Tebas temple now resides on his land.

When asked about her living conditions in early Muara Tebas, Dora answered gleefully.

“We used to live in mini huts, and we were salaried by the Chinese business at the “sirih” plantation to bunch them and arrange them. We got 5 cents a bundle!”

The 200-year-old Chingsan Yan Buddhist Temple overlooks this coastal fishing village and the South China Sea. Its architecture is a wonder, with the bright unapologetic red walls and fine details in every corner.

“There often are sightings of Malays walking up this temple’s steps too. Some of them are employed to work in the temple, and some want to go to over the hill behind the temple to the Malay cemetery to pay their respects.” Seph explained.

The Malays and Chinese in this village display a level of harmony uncommon to our daily viewings. The Chinese here speak fluent Bahasa Sarawak and some of the Malays here work comfortably cleaning the Buddhist temple, which is located mere footsteps away from the local mosque. The burial ground of both races are literally side by side, it was almost a “live together, die together” innuendo being lived out. I asked if there was ever any resistance of unrest among the villagers to which Seph replied casually with a smile, “It’s always been this way, we’re used to it.”

With its beauties, the village also faces its fair share of challenges. Often known as “ulat ticket” (ticket worms), there are a handful of unwarranted carpark fee collectors that occasionally charge"
Muara (meaning estuary) and Tebas (meaning to cut) has been given many affectionate and less affectionate names over the years. Some know it as “the sleepy village” or “Kampung hujung jalan” (the village at the end of the road).
hefty prices for visitors to park their cars in the area. This act often deters visitors from dining at the seafood restaurants. Seph hopes to empower the locals to find other meaningful sources of income, and he intends to activate the community to find ways to add value into the lives of visitors.

A great example is the miniature boat maker. He crafts souvenir boats for visitors out of “kayu pelait” (a type of wood sourced from the hills within the local village area). His boats have been purchased by tourists hailing from France, Thailand, Phillipines and China, just to name a few. A man of many talents, he is also the village’s sous chef during occasions such as Ramadan, Buka Puasa (breaking of fast) and weddings (celebrated by the entire village at the local town hall).

By the end of the afternoon, we headed over to have a scrumptious seafood lunch as we brainstormed our hopes and dreams for Muara Tebas. The trip served as a reminder to me that behind every person, every place, are invaluable stories. Stories that have shaped the landscape and the environments of these communities. Unfortunately, not all stories are always highlighted and often some of them go untold. So the next time you head to Muara Tebas to dig into that crab, think of this story, and be grateful for the ancestors of the village that built this hidden gem.

Joyce Khoo grew up hearing the most wonderful stories, including visiting old places like Muara Tebas, from her mother. She realised that with the right storyteller, there’s no such thing as a mundane story.
A Malay fishing village with a “hint of Chinese”, this coastal village with a beautiful view of the sea and is only 20km from Kuching centre.
SWEET Heritage
Love, as the saying goes, is like a box of chocolates. Wrapped delicately by the hands of finesse, crafted perfectly for one to devour. Each carefully crafted piece melts in the mouth and is devoured as the romance unfolds. But in the history books of our dear Chinese Malaysians, the rich flavour of chocolate substitutes for a more crunchy texture with nutty goodness, wrapped thinly in red ‘prosperity’ paper. In the eyes of our residing Chinese community, only the veterans would remember its vitality. When it comes to tradition, these tidbits played an integral part between the clans in highlighting and celebrating the engagement of their offspring.

One of these engagement tidbits is the Bee Pang, translated into “rice fragrant” in Hokkien. Kuching’s Bee Pang takes a different stance from Peninsular Malaysia’s due to its unique “umami” taste and fragrance - credit is due to the shallots, along with other main ingredients being rice, sugar, peanut, cooking oil, onion, wheat molasses and salt to make up this lightweight sweet and savoury combo, a snack for those who enjoy lighter consumption. Often it is sliced into smaller chunks, but it can also be found in its original size, a single block, before it is cut.

Many locals and tourists alike venture to Siburan to purchase these goods - paying a visit to one of Kuching’s Bee Pang experts, Goh Hak Hiang. The business is now in its 59th year in running, distributing variations of Bee Pang such as black sesame and peanut alongside other snacks for sale. The enterprise, pioneered by Goh Hak Hiang himself, has now been passed on to his son, therefore preserving the link to continue tradition.

The second peanut snack variant is the Kacang Tumbuk or “Kong Th’ng” in Hokkien, typically wrapped in white. Its literal Malay translation, “peanut punch”, swirls the image of how the delicacy is produced - not to be mistaken for a peanut drink, but how the peanut is rolled then hit or “punched”. When consumed, the crumbly texture slowly surrenders itself to the tastebuds.

While these sweet treats are still common, the “Tok Tok” sweet is more challenging to find. The “Tok Tok” sweet, otherwise known as “Toh Tau Th’ng” in Hokkien, draws close resemblance to rolled peanut brittle - the peanuts are ground, caramelised then pounded to a certain texture. The final product is a hardened mixture of sugar, sesame seeds and nuts.

(continued)
Nearly 50 years ago, many would flock to the streets of Padungan to purchase and pre-order these packaged goods in time for the grand occasion. In Kuching, we are still fortunate to find these today, packaged in the brick-and-mortar shops that line up along this heritage street, as well as scattered shops across Kuching and small towns beyond. Flash forward to present day and some of these old-store classics

From left to right, the Bee Pang, the Kachang Tumbuk and the caramelized ground peanuts called “Toh Tau Th’ng” in Hokkien. A tradition less practised today, this famous trio of sweet snacks, wrapped up in red paper celebrates a couple’s engagement.

These tidbits played an integral part between the clans in highlighting and celebrating the engagement of their offspring.
are still running along Padungan, while some have made way for newer forms of retail and dining.

Hap Chen Hian is one of these newer shops that bring these goodies to the table as well as these age-old traditions back to the surface. Ms Pauline Sim orders these treats from the very suppliers scattered across the outer parts of Kuching such as Siburan, Batu Kitang and Bintawa. While most of the newer suppliers base their operations in medium- to large-scale factories, there are others who work at the comfort of their own home, creating these bite-size goods by hand.

Val-Gab Bee Pang, a Bee Pang business based from a home in Tabuan Jaya, has been operating for nearly 12 years. Making these goods traditionally by hand brings more meaning to the final product - making it fresh and more preferable, according to owners Mr and Mrs Yeo. While their range can only be found in Kuching as well as neighbouring towns Miri and Bintulu, they add that it only prompts the curious beyond Sarawak to venture in search for a bite. In total, Val-Gab produces nearly 300-400 Bee Pang packets a day - a lower number compared to 1,000 packets if mass-produced in factories.

While these nutty pieces are now commonly enjoyed as snacks, Ms Sim personally wraps these for engagements when requested. But as far as history goes, Ms Sim says the custom of taking these delicacies to the pre-wedding table is being forgotten and on the verge of becoming long-gone. No longer are the younger flock of Kuching jotting these goods in their wedding checklists. Substituting these packaged peanut goods are modern chocolates - readily-accessible and ready-made.

In a place like Malaysia, with its melting pot of cultures, a multitude of traditions serve to bring our people together. But old traditions stand on thin ice as stories are no longer passed down to generations to follow. As time ripens, the rest remains history.

Shannon is a recent graduate in journalism and media communications, returning to Cat City from the land down under. Now in the industry, she makes a promise to herself to grow, learn and make a difference every day – be it big or small. Kuching has never failed her, nor does she plan to fail Kuching.
EASY-TO-MAKE AND IT’S ALL NATURAL

Edible Colours

Green for leaves or blue for the sky, colours have been associated with nature since ancient times. As science has given us every edible synthetic colour under the sun, making natural edible colours at home is often overlooked due to the convenience of buying artificial colouring with their everlasting shelf life to boot. In Sarawak, with such a vast variety of local fruits and vegetables, including many imported ones at any given local market, it gives us the possibility to create any colour we want. Here are eight, easily made within 2 hours. A quick mix of some of them, like magic, gives us the result of more beautiful colours. And it’s delicious to the taste... naturally.
"Colours made from products found in the market or the garden... and it’s so easy"

PASTE RECIPE

INGREDIENTS
30g Tapioca/Corn/Sago/Potato starch
150ml Water

1. Combine water and starch well before cooking over heat until thick and gluey.
2. Combine 30g gelatinised starch with 30 to 50g extracted liquid color - until desired consistency.
3. Sieve paste to remove lumps of starch.
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<th>Extraction</th>
<th>INGREDIENTS</th>
<th>DIRECTIONS</th>
</tr>
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<tr>
<td><strong>GREEN Extraction</strong></td>
<td>(A) 30g Mani Cai (StarGooseberry) 150ml Water or (B) 150g Pandan leaves 50ml Water</td>
<td>1. Cut into manageable sizes for blender. 2. Add water and blend. Lightly steep for best result. 3. Strain and squeeze extract. 4. Add baking soda. 5. Chill.</td>
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<tr>
<td><strong>YELLOW &amp; ORANGE Extractions</strong></td>
<td>(A) 120g Carrot 150ml Water or (B) 100g Pumpkin 150ml Water</td>
<td>1. Cut into manageable sizes for blender. 2. Add water and blend. Steep for best result. 3. Strain and squeeze extract. 4. Chill</td>
</tr>
<tr>
<td><strong>CYAN Extraction</strong></td>
<td>(A) 150g Purple Cabbage* 150ml Water or (B) 5g Dried Blue Pea** 100ml Water</td>
<td>1. Cut into manageable size for blender. 2. Add Water and blend. Steep for best result. 3. Strain and squeeze extract. 4. Chill.</td>
</tr>
<tr>
<td><strong>MAGENTA &amp; RED Extractions cum CYAN</strong></td>
<td>(A) 50g Raw seeded Roselle 150ml Water * or (B) 150g Raw Purple Sweet Potato diced 200ml Water **</td>
<td>1. Cut into manageable sizes for blender. 2. Add water and blend. Lightly steep for best result. 3. Strain and squeeze extract. 4. Add baking soda. 5. Chill.</td>
</tr>
<tr>
<td><strong>BLACK</strong></td>
<td>50ml Roselle extraction + 4-5 ml baking soda + 4-15 ml green extract + 5-10 ml carrot extract</td>
<td>Mix and chill</td>
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</tbody>
</table>

*Add baking soda (sodium-bicarbonate) about 2ml to 6ml depending on color hue and intensity of purple-blue desired.  
**Add white vinegar about 2ml to 4ml depending on intensity of violet-red desired.  
Lemon juice or apple cider can be used but at differing quantities.
EAT OUT

with Sponsors of our Culinary Heritage

Sarawak has long been a melting pot of cultures, but in culinary terms, that pot has recently been stirred by a reawakening in the F&B business. Fresh flavours are being imported, old traditions revived, and new combinations tested to create a new culinary landscape for Kuching. The food heritage of our past stands strong, from hawker scene to high-end hotel, but new faces are bringing it forward into the future. So we at KINO, confirmed foodies all (isn’t everyone in Kuching?), are paying tribute to some of the bright new stars as well as the firm favourites in our Sarawak skies.

KINO

with Sponsors of our Culinary Heritage

A precious gem at the old heart of Kuching, Peridot is spearheading that spirit of invention that is sweeping the city and now bringing it beyond its fresh and innovative menu and into every event. An ideal space for any intimate gathering, Peridot is now providing that personal touch, offering tailor-made menus on request and event decorating and planning services from early 2019. This is boutique at its best – stylish and specialised, individual and custom made for clients - Peridot will help each event stand out from the pack with a function designed for a perfect fit. (Tues-Sun: 6pm-10pm)
Zinc has been in the Sarawak firmament for 4 years now, set there by high standards in food, ambience and service. The Mediterranean cuisine served by Chef Jordi from Barcelona features many items never before tasted here. With cool music at a volume which doesn’t drown out your conversation, experience one or all of the 10 premium gin & tonics on display. Happy Hour for craft cocktails such as Roselle Daiquiri and Jameson Zoom runs at the fitting timeslot of 9.45pm to 11.45pm. The wine list is equally impressive, with the tastiest house red and white wines in town. Now featuring Live Jazz performances every Thursday by the Xanadu Duo from the UK. (Tues-Sun: 6pm until late)

The Container is a new concept in Kuching city, blending old and new with East and West to bring visitors an entirely different experience. Architect-designed, this innovative space gives a new lease of life to old shipping containers, providing numerous indoor and outdoor spaces perfect for a private party or a relaxed dinner in the company of friends. You can even rent the whole place for a bigger splash! But the invention doesn’t end there with a menu full of old favourites in new combinations. Sample the Chicken Maryland with its salted egg yolk crust or even Spaghetti Laksa. Anyone for Kway Teow Bolognese? Container is an entirely new Kuching combination! (Daily: 11.30am-12am)
Jackie of Juniper is creating a whole range of interesting new combinations. A modern, industrial space with its own traditional herb garden; a western menu with old Foochow favourites; chef training with its eye for innovation and family recipes handed down through the generations. The result is traditional dishes served with restaurant flair, Kuching’s best mojito made with real home-grown mint, and even herbal soups created with the help of a Chinese physician to heal the body and keep the taste buds happy. But the centrepiece is crocodile – the star attraction at this year’s Kuching festival – stuffed in kong pia or simply as a chop. An exotic bite now available all year round! (Mon-Sat: 10am-12am, Sunday closed: subject to reservation)

Queen Bee Food Paradise has taken a once neglected area and turned it into a hive of activity! This new complex has Memoire Hornbill Hotel, an already established Cambodian restaurant (GWC), Seafood Restaurant, and now a food court where Sarawak’s favourite range of food is on sale in an innovatively designed open air space. Take yourself from simple snack to dessert – gula apong ice cream now on sale alongside everything from dim sum to main meals – under the Kuching sky. Already a popular location, Queen Bee Food Paradise boasts of the biggest projector screen to watch your favourite live sports game with the cheapest beers in town. This place is attracting Kuchingites like bees to honey! (24/7)
King’s Curry brings the spice and excitement of Northern India to South-East Asia. King’s Curry is the original creator of the signature Cheesy Naan and King’s Martabak. You can have a full-blown meal, a quick bite from their extensive fast food selection (lunch only), or the ultimate pick me up with their new ‘Cutting Chai and Bites’. Iconic, aromatic Indian tea with crispy pakora can stand alone or as a prelude to their mightier mains. To celebrate the Diwali season of light and colour, King’s Curry has released a new Indian fusion menu to tickle the local taste buds. Authentically Indian and still strongly Sarawak – come and enjoy a royal feast! (Tues-Sun: 10.30am-10.00pm)

Perched on the fifth floor of the LimeTree hotel is Kuching’s ultimate rooftop lounge, LimeLight. Where earth meets sky, you can get a bird’s eye view of the city skyline while reaching out to touch the wide blue yonder. This is Happy Hour special at its highest – the place to revel in the burnished Sarawak sunset while sipping on a Tequila Sunrise of many colours or a Gin & Tonic with fresh lime wedges and other signature cocktails, all at irresistible prices. Enjoy dining with friends around an enormous belian table – available for advance booking - amidst a field of LimeTree green. Christmas and New Year dining specials are now available for booking. (Daily: 4-11pm, Happy Hour daily 4-8pm)
The Old Courthouse complex has a new venue to bring out the best of Kuching culture - in history, tradition and, of course, food. From the end of November, Roots will bring a top-class tasting menu to a casual Kuching crowd, where laid back groups can treat each other to a combination of flavours from Spanish to contemporary, Japanese to Chinese with cocktails, chilled of course! Roots reflects the story of Chef John, who grew from his roots in Malaysia to a stellar career in Singapore, and now will push the boundaries of contemporary Kuching. So, take a seat at his tasting table for the next step in the evolution of Kuching’s Old Courthouse. (Tues-Sun: 6pm-11pm)

Old Courthouse, Jalan Tun Abang Haji Openg 93000, Kuching
082-417 601
www.facebook.com/rootsbyfj

Humble beginnings for Thaali, in the hands of MasterChef Asia finalist, Jasbir Kaur. Dine on some of their best sellers - boneless mutton curry set (Mughal Thaali) and deep fried flatbread (Poori) - a favourite with children. Desserts are tantalising, decadent and divine with masala chai - a blend of chef’s secret spices. Food served is mildly spicy but fret not - spice levels are adjustable upon request. (Daily: 10am-10pm)

GK09 & 10, Ground Floor, Mall 1, Cityone Megamall, No1 Jalan Song, 93350 Kuching
082-532 653
www.facebook.com/thaali.kch

CityONE Megamall

www.kuchinginandout.com KINO
The ethos at Razzmatazz never changes – always 100% Western, no fusion. But the menu is constantly evolving. International award-winning chef George is endlessly adding specials to his menu and new offerings in his range – beautiful breads and tempting truffles are just the start. Now, in true Swiss tradition, creamy, dreamy cheese fondue makes its first appearance in Kuching – not just a meal but a gastronomic experience in itself designed to be shared with friends and family. Dip into our specials, dive into the fondue and top it all off with a sweet treat – let George take you on the grand tour! (Daily: 4pm-12am)

Jalan Canna (behind GIANT Stutong), Ground Floor, Kuching
082-361244/016-8890600
www.facebook.com/Razzmatazz-Bistro-Pub-Lounge-599649300106886

Anyone with a passion for pets should get down to the Meow Meow Cat Café. Here you can sip a cup of coffee and enjoy a hearty meal or an array of finger foods, all in the company of some feline fur friends. These are no ordinary pussycats but rather Persians and Bengals – special cats for a special occasion. Plan a party with a difference where the guest list includes the most laid back cats in town or else just while away some quiet hours with the comfort of a cat in your lap. (Tues-Sun: 10am-6pm)

Lot 264J Jalan Green, 93400 Kuching
012-888 0198
www.facebook.com/meowmeowcatcafekuching

The ethos at Razzmatazz never changes – always 100% Western, no fusion. But the menu is constantly evolving. International award-winning chef George is endlessly adding specials to his menu and new offerings in his range – beautiful breads and tempting truffles are just the start. Now, in true Swiss tradition, creamy, dreamy cheese fondue makes its first appearance in Kuching – not just a meal but a gastronomic experience in itself designed to be shared with friends and family. Dip into our specials, dive into the fondue and top it all off with a sweet treat – let George take you on the grand tour! (Daily: 4pm-12am)
In Kuching, the sun rises over heritage

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Fly to Kuching with Royal Brunei
FLIGHT SCHEDULE*

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*Flight schedule is correct at the time of publication and is subject to change

Now available on www.flyroyalbrunei.com

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<table>
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<td>28 December 2018 - 30 March 2019</td>
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<td>3 February - 30 March 2019</td>
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hkgres@rba.com.bn
In 1945, when Tom Harrisson, the polymath curator of the Sarawak Museum (1947-1966) first saw the original mural at Long Nawang, he saw “The Tree of Life” and knew he wanted it reproduced in Kuching. In 1960, he commissioned this mural and three others by Long Nawang artists renowned for their skill in Central Borneo. Now an icon of the Sarawak Museum, its meaning and narrative are obscure. According to the artist Aban Pangin, the tree trunk (pokok) represents the root (asal) of the Long Nawang chief Pak Tuloi. The branches and leaves represent the many Lepo’ Tau villages, houses, and people. Traditionally, with the regal hornbill at the top and majestic tigers supporting it, this motif would only be found at the longhouse doorway of a chief or pengulu, signifying their high status in the community.